

Columbia County Diabetes Statistics, 2003



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Prevalence (adults 18+ years)	Columbia County		Washington State	
	Percent (95% CI) ¹	Number of adults	Percent (95% CI) ¹	Number of adults
	10.2 (4.2, 22.8)	507	6.6 (6.2, 7.1)	303,283

Risk Factors (adults 18+ years without diabetes)	Columbia County	Washington State
	Percent (95%CI) ¹	Percent (95%CI) ¹
Overweight or obese ²	72.7 (58.6, 83.4)	56.8 (55.8, 57.8)
Insufficient physical activity ³	28.8 (17.0, 44.5)	35.8 (34.9, 36.8)
Smoke cigarettes	14.2 (8.4, 23.0)	19.8 (19.0, 20.6)
History of high blood pressure ⁴	30.8 (15.7, 51.5)	20.8 (20.1, 21.5)
History of high cholesterol ⁴	40.5 (23.4, 60.3)	31.1 (30.2, 32.1)

Hospitalizations ⁵ (with complications of diabetes)	Number of hospitalizations	Age-adjusted rate per 10,000 total population (95% CI) ¹		Crude rate per 10,000 people with diabetes	
	Columbia County	Columbia County	Washington State	Columbia County	Washington State
Diabetes as first listed diagnosis	7	12.5 (4.9, 30.5)	9.6 (9.4, 9.9)	137.3	191.3
Diabetes as any listed diagnosis	99	174.1 (140.7, 215.7)	118.4 (117.5, 119.3)	1,941.8	2,293.6
→ with coronary heart disease	29	47.0 (31.4, 71.3)	36.3 (35.8, 36.8)	568.8	693.1
→ with stroke	8	13.3 (5.7, 31.0)	10.1 (9.9, 10.4)	156.9	190.9
→ with diabetic ketoacidosis	*	*	3.9 (3.8, 4.1)	*	78.9
→ with lower extremity amputation	*	*	1.9 (1.8, 2.0)	*	160.7

Deaths ⁵	Number of deaths	Age-adjusted rate per 100,000 total population (95% CI) ¹		Crude rate per 100,000 people with diabetes	
	Columbia County	Columbia County	Washington State	Columbia County	Washington State
Diabetes as underlying cause	*	*	26.0 (24.7, 27.4)	*	494.4
Diabetes as any cause	6	96.2 (35.2, 263.3)	77.1 (74.9, 79.4)	1,176.8	1,460.9

¹Data presented as: percentage or rate (95% confidence interval).

²Overweight=body mass index (BMI) 25.0-29.9 kg/m², obese=BMI 30.0+ kg/m².

³Insufficient physical activity=reported level of physical activity during leisure time or at work does not meet Centers for Disease Control and Prevention (CDC) recommendations of moderate-intensity activity for 30+ minutes on 5+ days/week or vigorous-intensity activity for 20+ minutes on 3+ days/week

⁴Told by doctor, nurse, or other health professional had high blood pressure and/or high cholesterol.

⁵Rates are not computed for counts <5. Rates based on fewer than 20 deaths or hospitalizations are likely to be unstable or imprecise.